



# Ackworth School

## **Personal, Social, Health and Economic (PSHE) education Policy, including Citizenship**

This policy informs practice in the Senior School only, including the Sixth Form. See also the 'Curriculum Policy – Coram House'.

Please read this policy in conjunction with the 'Relationships and Sex Education (RSE) Policy'.

### **Aims and objectives**

PSHE education at Ackworth School (the School) is intended to equip our pupils to live, as suggested by the PSHE Association in 2007, 'healthy, safe, productive, capable, responsible and balanced lives.' Our programme of study covers the three core themes of Health and Wellbeing, Relationships and Economic wellbeing, careers and the world of work. It allows opportunities for our pupils to reflect on and clarify their own values and attitudes, build their confidence, resilience and self-esteem, and make informed choices.

The objectives of PSHE and Citizenship are to improve pupils' personal and interpersonal skills, as well as their ability to manage risk and decision-making in a range of contexts, including home, school, community, the wider world and future employment and become positive members of a diverse and multicultural society.

### **Teaching and Learning**

PSHE and Citizenship are delivered at each Key Stage through a range of different session types.

Provision in Key Stage 3 is within the period timetabled as ICT and consists of a 6-week block for each year group whereas provision in Key Stage 4 is as one 40-minute period each week, following a learning carousel as shown in the schemes of work.

We also offer pupils the opportunity to hear visiting speakers or take part in workshops delivered by recognised organisations such as Spectrum Community Health.

In the Sixth Form, PSHE content is supported by 'Sixth Form Specials', where guest speakers speak to the Sixth Form in an after-school slot, as well as the 'Beyond the Classroom' programme in the Upper Sixth, where students follow a weekly learning carousel including Relationships and Sex Education (RSE) and first aid.

Pupils from Third Form to Upper Sixth also follow a separate programme of Careers and Work Experience guidance.



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PSHE teaching and learning at the School takes its lead from the National Statutory Guidance (2019), the PSHE Association programme of study and the National Curriculum Citizenship programme of study, as well as guidance on SMSC, British Values and the Quaker ethos of the school.

Timetabled PSHE teaching and learning is supported by extended form time every fortnight, morning readings by members of the teaching staff, details of which are collated as part of the SMSC policy, and wider school events such as Charity Week and the Duke of Edinburgh Award.

PSHE and Citizenship content is also covered naturally within other subjects, for example Human Rights and Discrimination in Religious Studies, and Online Safety in ICT.